

ST. JOHN CATHOLIC SCHOOL

STUDENT/PARENT HANDBOOK CODE OF CONDUCT

Mrs. Dowdall-Cirelli PRINCIPAL

Mrs. Melanie Morin SECRETARY

181 William Street Garson, ON P3L 1T7

Telephone:(705) 693-2213

Fax:(705) 693-2163

Email: stjohn@sudburycatholicschools.ca

Website: https://st-john.sudburycatholicschools.ca

Facebook:

https://www.facebook.com/stjohncatholicelementaryschool

School Cash Online:

http://sudburycatholicschools.schoolcashonline.com

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MISSION STATEMENT

We Believe...

- * In modelling Jesus' teachings in our words and actions
- * In setting high standards because all children can learn, given time & support
- * In nurturing a happy and safe school environment

STUDENT SAFETY AND SECURITY **PARENTS/GUARDIANS AND VISITORS**

In the interest of safety and to prevent interruptions to classes, Board policy states that all parents/guardians and visitors must inform the main office of their presence in the school. Parents who pick up their children at dismissal must wait in the lobby or office area (unless access to the school is denied e.g., due to COVID-19 protocols etc.) This policy is in place to ensure the safety of all our students and to avoid confusion and disruption in the classroom. Please note that ALL entrances to the school are always locked. Anyone wishing to enter the school must utilize the "buzzer system" to gain access. All visitors are requested to sign in and may be asked to wear identification badges. If a parent/guardian is dropping something off for their child or a teacher, it may be left at the office. Parents/Guardians must give the office consent for all visitors wishing direct contact with their child, this includes siblings not attending St. John School. Following these procedures contributes to the safety and security of the school community.

ATTENDANCE/SAFE ARRIVAL

Parents and guardians are responsible for their children's safety. St. John School has a Safe Arrival Program that monitors the attendance of every student at the start of the school day. When a student will be absent or late, it is the responsibility of the parent/quardian to notify the school of the reason. Therefore, if your child is to be late or absent, please call the school before 8:30 a.m. to inform the office. We are required by law to account for any pupil's unexplained failure to arrive at school. There is a voice messaging system that will allow you to call the school at any time to leave details about your child's attendance. Please leave your child's full name and grade.

REQUEST FOR TEMPORARY EXCUSAL

This process is to be used by a parent/quardian (or student 18 years of age or older) requesting the temporary excusal of a student due to a reason such as a (vacation). It is not to be used for medical reasons – a medical note must be provided for those absences.

CATHOLIC GRADUATE EXPECTATIONS

The CATHOLIC graduate is expected to be: A discerning believer An effective communicator A reflective, creative, and holistic thinker A self-directed, responsible, lifelong learner A collaborative contributor A caring family member A responsible citizen

BELL TIMES				
Primary and Junior Schedule (FDK – Grade 6)	TIME			
Supervision in school yard begins	8:35			
Classes begin	8:50			
Morning recess	10:30			
Classes resume	10:45			
Lunch	12:05			
Classes resume	1:05			
Dismissal (Pick Up 2:55, Walkers 3:00)	3:05			

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HOMEWORK

Homework provides students with the opportunity to reinforce and extend in-school experiences outside of the regular school day. Parents/Guardians share with teachers the responsibility for the educational success of their child(ren) and should actively participate in the child's learning process.

Parents/Guardians are encouraged to:

- -monitor student use of the agenda daily
- -sign and return forms or projects as requested by the teacher
- -provide help and monitor completion
- -recognize that the completion of homework activities is integral to school success

ADMINISTRATION OF MEDICATION

The Sudbury Catholic District School Board has a clear policy regarding the administration of medication to students. Listed are a <u>few</u> guidelines:

- The principal or his/her designate will administer the medication for student use only after written authorization on a SCDSB Form has been obtained from the parent/guardian and/or a physician.
- All medication must be turned over to the main office for proper storage, unless carried by student as per treatment plan e.g., auto injector, puffer, etc.
- Records are maintained regarding dosage, method of administration, and storage.
- $\circ~$ All medication must be submitted in its original prescription container with the child's name on the prescription container.

Only send the required dosage of medication to school. Ask your pharmacist for two separate containers of medication if possible. One container for home and one container for school. THE SCHOOL WILL MAKE EVERY REASONABLE EFFORT TO ADMINISTER MEDICATION ON TIME TO YOUR CHILD. HOWEVER, SITUATIONS DO ARISE THAT MAY CONFLICT WITH THE TIMING OF MEDICATION. THE SCHOOL IS NOT RESPONSIBLE FOR MEDICATION TRAVELLING BETWEEN HOME AND SCHOOL. If possible, time the administration of medication when your child is at home.

IMMUNIZATION

For children attending school, the law in Ontario requires a written immunization record or proof of immunization. Incomplete immunization records can result in suspension from school on order of the Medical Officer of Health. For more detailed information contact Public Heath Sudbury & District @705-522-9200.

PREVALENT MEDICAL CONDITIONS

As primary caregivers of their child, parents are expected to be active participants in supporting the management of their child's medical condition while attending school. At minimum parents should: educate their child about the condition, guide their child to reach their full potential for self-management and self-advocacy, duly inform the school of the condition(s) and co-create and maintain the Plan of Care for their child with the principal or designate. Please contact the school directly for the appropriate medical forms.

CONCUSSION

Concussions can only be diagnosed by a medical doctor or nurse practitioner. Any student with a diagnosed concussion, **shall** have a "return to learning and/or physical activity" plan to assist a student return to learning/play. Please contact the school directly for the appropriate medical forms.

PEANUT/NUT-CONTROLLED ENVIRONMENT

We have several students who are highly allergic to peanut/nut products, and this can potentially lead to severe and life-threatening reactions. For the safety of all children, parents are asked to refrain from sending peanut/nut products to school. Please seek approval from your child's classroom teacher prior to sending food or beverages to school.

LEAVING SCHOOL DURING THE SCHOOL DAY

To be excused from school, students must present a note (usually in the agenda) from their parents explaining the reasons(s) for being excused. The note must be given to the teacher in the morning. If a student is being picked up during school hours, parents must report to the office, and the student will be called to the office. **Parents are required to sign their child out at the main office**. Once a student arrives at school, they may only leave school grounds with permission from the office. **Students who eat lunch at school are NOT ALLOWED to leave school property.** For example: students are not allowed to leave school and walk to the store or a fast-food restaurant to pick up a snack or lunch.

EMERGENCY SCHOOL CLOSING

On extremely rare occasions, circumstances may lead to an emergency school closing. Please make arrangements with a relative, neighbour or friend so that your child has an alternative place to go if you are not available.

PARKING

School buses park at the front of the school, from the staff parking lot to the primary entrance. Please be advised as per city by-law, there is NO PARKING in front of the school, on either side of the street. Please know that vehicles can be ticketed or towed at the owner's expense. Please utilise the parking lot when dropping off or picking up your child.

BUS TRANSPORTATION

Transportation is provided through the Student Services Consortium. Guidelines are available on their website. The Consortium establishes the parameters, including collector points for each bus route. As a rule, please note the following:

- 1. Bus transportation is a privilege, not a right.
- 2. Students eligible for transportation must live in a transportation zone.
- 3. Only authorized students may ride on their approved bus route. Students are not permitted to ride on a different bus. E.g., take a friend's bus home etc.
- 4. To ensure the safety of FDK students, it is required that when they are delivered to the regular drop off point, a responsible adult meets the child.
- 5. Bussed students must have a note if not taking the bus. A note must be dated for each day a student does not take the bus.

BUS CANCELLATION DUE TO SNOW DAYS, ETC.

Kindly note that parents/guardians are required to call the school even if bus transportation is cancelled due to snow days, etc., as the school remains open. We are required by "Safe Arrivals" protocol to verify the whereabouts of children who fail to arrive at school, regardless if buses are running or not.

ALL BUS INQUIRIES SHOULD BE DIRECTED TO THE SUDBURY STUDENT SERVICES CONSORTIUM @521-1234 OR BY VISITING <u>www.sssc-cses/english</u>

LUNCHROOM EXPECTATIONS

Students will eat lunch in their classroom and will be supervised by a lunchroom supervisor. Students are expected to be responsible in their behaviour as well as clean up after themselves. Repeated disruptive or disrespectful behaviour may result in their removal from the classroom setting and/or reassignment in an alternate classroom.

THE PROVINCIAL CODE OF CONDUCT

The Education Act permits the Minister of Education to establish a code of conduct governing the behaviour of all persons in schools. The purposes of the Provincial Code of Conduct are:

1.1 to ensure that all members of the school community, especially people in positions of authority, are treated with respect and dignity

1.2 to promote responsible citizenship by encouraging appropriate participation in the civic life of the school community

1.3 to maintain an environment where conflict and difference can be addressed in a manner characterized by respect and civility

1.4 to encourage the use of non-violent means to resolve conflict

1.5 to promote the safety of people in schools

1.6 to discourage the use of alcohol and illegal drugs; including cannabis, except by a medical cannabis user (as defined in the Education Act, a medical cannabis user is a person who is authorized to possess cannabis for the person's own medical purposes in accordance with applicable federal law) 1.7 to prevent bullying in schools.

FAIR NOTICE TO STAFF, STUDENTS, PARENTS COMMUNITY THREAT ASSESSMENT PROTOCOL

- **Sudbury Catholic District School Board** is committed to providing a safe learning environment for all individuals students, staff, and community members.
- When a person's behaviour poses a serious threat to their safety or the safety of others, the Community Threat Assessment Protocol may be activated.
- The protocol will guide agency personnel to respond quickly to threatening behaviour and put measures into place to protect others and the individual(s) of concern.
- When the Community Threat Assessment Protocol is activated parents/guardians of a minor child/youth will be notified.
- **Sudbury Catholic District School Board**, police services and community partners, including school boards will work together to assess the threat and implement interventions.
- The Community Protocol Partners will share information, advice and support, and plans will be developed to minimize risk.
- The parents/guardians of a minor child/youth who made the threat have an important role to play in the process of gathering information and establishing a plan for the minor child/youth, which will enable the team to evaluate and minimize risk.
- If a concern for safety still exists, and parents/guardians cannot be reached, or if they choose not to provide consent to share information, the threat assessment at a Stage One will proceed.
- In sharing personal information, each individual's right to privacy will be balanced with the need to ensure the safety of all.
- If you have any questions regarding the Community Threat Assessment Protocol, please contact the Sudbury Catholic District School Board

CODE OF CONDUCT - STANDARDS OF BEHAVIOUR

Respect, Civility, and Responsible Citizenship

All members of the Sudbury Catholic District School Board community must:

- \checkmark respect and comply with all applicable federal, provincial, and municipal laws
- ✓ demonstrate honesty and integrity
- ✓ respect differences in people, their ideas, and their opinions
- ✓ treat one another with dignity and respect at all times, and especially when there is disagreement
- respect and treat others fairly, regardless of race, ancestry, place of origin, colour, ethnic origin, citizenship, creed, sex, sexual orientation, gender identity, gender expression, age, marital status, family status or disability

- ✓ respect the rights of others
- ✓ show proper care and regard for school property and the property of others
- ✓ take appropriate measure to help those in need
- ✓ seek assistance from a member of the school staff, if necessary, to resolve conflict peacefully
- ✓ respect all members of the school community, especially persons in positions of authority
- ✓ respect the need of others to work in an environment that is conducive to learning and teaching
- \checkmark not swear at a teacher or at another person in a position of authority.

SAFETY

All members of the SCDSB school communities must not:

- > engage in bullying behaviours
- commit sexual assault
- traffic weapons or illegal drugs
- > give alcohol or cannabis to a minor
- commit robbery
- be in possession of any weapon, including firearms
- > use any object to threaten or intimidate another person
- > cause injury to any person with an object
- be in possession of, or be under the influence of, or provide others with alcohol, <u>cannabis</u> (unless the individual has been authorized to use cannabis for medical purposes), and illegal drugs
- provide others with alcohol, illegal drugs, or cannabis (unless the individual has been authorized to use <u>cannabis</u> for medical purposes)
- > inflict or encourage others to inflict bodily harm on another person
- > engage in hate propaganda and other forms of behaviour motivated by hate or bias
- commit an act of vandalism that causes extensive damage to school property or to property located on the premises of the school.

ROLES AND RESPONSIBILITIES

<u>Students</u>

Students are to be treated with respect and dignity. In return, they must demonstrate respect for themselves, for others, and for the responsibilities of citizenship through acceptable behaviour. Respect and responsibility are demonstrated when students:

- \checkmark come to school prepared, on time, and ready to learn
- ✓ show respect for themselves, and for others, and for those in positions of authority
- \checkmark refrain from bringing anything to school that may compromise the safety of others; and
- \checkmark follow the established rules and take responsibility for their own actions.

<u>Parents</u>

Parents play an important role in the education of their children and can support the efforts of school staff in maintaining a safe, inclusive, accepting, and respectful learning environment for all students. Parents fulfil their role when they:

- \checkmark are engaged in their child's schoolwork and progress
- ✓ communicate regularly with the school
- ✓ help their child be appropriately dressed and prepared for school
- ✓ ensure that their child attends school regularly and on time
- ✓ promptly report to the school their child's absence or late arrival
- ✓ become familiar with the Provincial Code of Conduct, the Board's Code of Conduct, and school's Code of Conduct.

- \checkmark encourage and assist their child in following the rules of behaviour; and
- ✓ assist school staff in dealing with disciplinary issues involving their child.

<u>Police</u>

The police play an essential role in making our schools and communities safer. The police investigate incidents in accordance with the protocol developed with local school boards. These protocols are based on the Provincial Model for a Local Police/School Board Protocol, 2015, developed by the Ministry of Community Safety and Correctional Services and the Ministry of Education.

SUSPENSIONS and EXPULSIONS at the Sudbury Catholic District School Board

SUSPENSIONS

Under subsection 306 (1) of the Education Act, a principal shall consider whether to suspend a pupil if he or she believes that the pupil has engaged in any of the following activities while at school, at a school related activity or in other circumstances where engaging in the activity will have an impact on the school climate:

1. Uttering a threat to inflict serious bodily harm on another person.

- 2. Possessing alcohol or illegal drugs; or unless the student is a medical cannabis user, cannabis
- 3. Being under the influence of alcohol; or unless the student is a medical cannabis user, cannabis
- 4. Swearing at a teacher or at another person in a position of authority.
- 5. Committing an act of vandalism that causes extensive damage to school property at the pupil's school or to property located on the premises of the pupil's school.
- 6. Bullying.
- 7. Other: Activity that is an activity for which a principal may suspend a pupil under a board policy

Under Bill C-13, it is illegal to distribute intimate images of a person without their consent, regardless of the age of the person in the picture;

Non-consensual sharing of intimate images: Knowingly publishing, distributing, transmitting, selling, making available, or advertising an intimate image of another person while knowing that the person depicted in the image did not give their consent, or being reckless as to whether the person gave their consent. The term "intimate image" refers to a visual recording such as a photograph, instant message, or video recording of a person in which the person is nude or engaged in explicit sexual activity and which was created in circumstances that gave rise to a reasonable expectation of privacy.

Police must be notified when an occurrence happens.

If a principal decides to suspend a pupil for engaging in an activity described in subsection (1), the principal will suspend the pupil from his or her school and from engaging in all school-related activities.

The minimum duration of a suspension is one school day, and the maximum duration is 20 school days.

In considering how long the suspension should be, a principal will take into account any mitigating factors prescribed by the regulations.

SUSPENSION PENDING POSSIBLE EXPULSION

Under subsection 310 (1) of the Education Act, a Principal shall suspend a pupil if he or she believes that the pupil has engaged in any of the following activities while at school, at a school - related activity or in other circumstances where engaging in the activity will have an impact on the school climate: see following list (page 9)

1. Possessing a weapon, including possessing a firearm

2. Using a weapon to cause or to threaten bodily harm to another person

3. Committing physical assault on another person that causes bodily harm requiring treatment by a medical practitioner

- 4. Committing a sexual assault
- 5. Trafficking in weapons or in illegal drugs
- 6. Committing robbery
- 7. Giving alcohol or cannabis to a minor
- 8. Bullying, if,

a. the pupil has previously been suspended for engaging in bullying, and

b. the pupil's continuing presence in the school creates an unacceptable risk to the safety of another person

9. Any activity listed in subsection 306 (1) that is motivated by bias, prejudice or hate based on race, national or ethnic origin, language, colour, religion, sex, age, mental or physical disability, sexual orientation, gender identity, gender expression, or any other similar factor.

10. Any other activity that, under a policy of a board, is an activity for which a principal must suspend a pupil and, therefore in accordance with this Part, conduct an investigation to determine whether to recommend to the Board that the pupil be expelled. A pupil who is suspended under this section is suspended from his or her school and from engaging in all school-related activities.

MITIGATING FACTORS AND OTHER FACTORS

In considering whether to suspend a pupil or whether to recommend to the Board that a pupil be expelled, a principal will consider any mitigating factors or other factors prescribed by the regulations.

Mitigating Factors

Pursuant to the Suspension and Expulsion of Pupils Regulation, the following mitigating factors shall be considered:

a) the pupil does not have the ability to control his or her behaviour

b) the pupil does not have the ability to understand the foreseeable consequences of his or her behaviour

c) the pupil's continuing presence in the school does not create an unacceptable risk to the safety of any person.

Other Factors

The following other factors shall be taken into account if they would mitigate the seriousness of the activity for which the pupil may be or is being suspended or expelled:

a) the pupil's history

b) whether a progressive discipline approach has been used with the pupil

c) whether the activity for which the pupil may be or is being suspended or expelled was related to any harassment of the pupil because of his or her race, ethnic origin, religion, disability, gender, or sexual orientation or to any other harassment

d) how the suspension or expulsion would affect the pupil's ongoing education

e) the age of the pupil

In the case of a pupil for whom an individual education plan has been developed.

- whether the behaviour was a manifestation of a disability identified in the pupil's individual education plan,
- whether appropriate individualized accommodation has been provided, and
- whether the suspension or expulsion is likely to result in an aggravation or worsening of the pupil's behaviour or conduct.

NOTICE TO PARENT OR GUARDIAN

Section 300.3 of the Education Act specifies that if a Principal believes that a pupil has been harmed as a result of an activity described in subsection 306 (1) or 310 (1), the principal shall, as soon as reasonably possible, notify:

a) The parent or guardian of the pupil who the principal believes has been harmed.

b) The parent or guardian of any pupil of the school who the principal believes has engaged in the activity that resulted in the harm.

When notifying a parent or guardian of a pupil who has engaged in the activity that resulted in harm, the principal shall not disclose the name of or any other identifying or personal information about a pupil who has been harmed as a result of the activity, except in so far as is necessary to comply with his or her obligation to disclose the required information.

When notifying parents of these incidents, the principal shall invite the parent or guardian to have a discussion with the Principal about the supports that will be provided for his or her child.

However, the Principal shall not, without the pupil's consent, notify a parent or guardian of a pupil who is 18 years or older, or who is 16 or 17 years old and has withdrawn from parental control. The principal also shall not notify a parent or guardian of a pupil if in the opinion of the principal doing so would put the pupil at risk of harm from a parent or guardian of the pupil, such that the notification is not in the pupil's best interests. Under subsection 301(5.5) of the Education Act, when principals have decided not to notify the parents that their child was involved in a serious student incident, they must, in accordance with Ontario Regulation 472/07, document the rationale for this decision and notify both the teacher who reported the incident and the appropriate supervisory officer of this decision.

In circumstances where board employees have reason to believe that a student may be in need of protection, board employees must call a children's aid society according to the requirements of the Child, Youth and Family Services Act, 2017.

PROGRESSIVE DISCIPLINE AND PROMOTING STUDENT BEHAVIOUR

A positive school climate is a crucial component of promoting positive student behaviour, and St. John School recognizes the distinctive expectations for Catholic students as an integration of body, mind and spirit. In addition, St. John School actively endorses a variety of programs and activities that focus on healthy relationships, inclusive and equitable learning environments, character education and positive peer relations.

Progressive discipline is a whole-school approach that utilizes a continuum of interventions, supports, and consequences to address inappropriate student behaviour and to build upon strategies that promote positive behaviours.

When inappropriate behaviour occurs, disciplinary/corrective measures may include but are not limited to the following: an apology to the victim, reprimand, warning, detention, loss of privileges, reflection (think sheet), contact with parents via "Safe School - Peaceful School" tracking sheet/phone call/person-toperson meeting, removal from class, referral to counseling as available, restitution, development of a behaviour plan, conflict mediation (school and/or police), volunteer service, peer mentoring, suspension, and expulsion.

BULLYING PREVENTION AND INTERVENTION

Bullying: A form of <u>repeated</u>, <u>persistent</u>, <u>and aggressive behaviour</u> that is directed at an individual or individuals that is intended to cause (or should be known to cause) fear and distress and/or harm to another person's body, feelings, self -esteem or reputation. Bullying occurs in a context where there is a real or perceived power imbalance. (PPM#144, Ministry of Education)

Bullying-We can all help to stop it...

St. John School has an active school-wide bullying prevention and intervention plan that contains components of the following: definition of bullying, prevention strategies, intervention strategies, reporting and responding requirements, training strategies, communication and outreach strategies, and monitoring and review processes.

KIDS HELP PHONE Confidential counseling service is available 24/7/365 visit <u>www.kidshelpphone.ca</u> CALL: 1-800-668-6868 or TEXT: 686868 or DOWNLOAD: The "Always There" APP

VOLUNTEERS

Volunteers are a welcomed resource in our school and assist in a wide range of activities and services. Please know that the SCDSB requires all volunteers to complete a Criminal Reference Check including Vulnerable Sector Screening; and thereafter, an annual Offence Declaration. The principal retains the authority to accept or decline any volunteer's offer of service. The principal will determine the best "fit" for volunteers' placements. It remains the sole and unfettered discretion of the Board to deny volunteer opportunities to individuals when an individual may pose risk to student or staff safety.

RELIGIOUS ACCOMMODATION

St. John School is committed to the values of freedom of religion and freedom from discriminatory or harassing behaviours based on religion and will take all reasonable steps to provide religious accommodations within the legal rights afforded to the Catholic school system. Such accommodation will be provided to students and their families. Accommodation is based on request and is subject to the Code's criteria of undue hardship, and the Board's ability to fulfill its duties under Board policy and the Education Act.

ACCESSIBILITY STANDARDS FOR CUSTOMER SERVICE

In compliance with the Customer Service Standard (Accessibility for Ontarians with Disabilities Act), please advise the school if you require assistance to access the facility or any other type of assistance.

DISPUTE RESOLUTION- HOME/SCHOOL COMMUNICATION

It is our belief that a close working relationship among the partners in education, the home, the school, and the church is essential to foster and maintain a Christian community. While encouraging each partner to carry out his or her proper role in the school community, it is recognized that differences of opinion and problems may arise from time to time.

- 1. <u>Complaint and Teacher:</u> Handle the problem as soon as possible. If possible, call the school and arrange a personal interview with the teacher to discuss the problem and attempt to resolve the matter at this stage.
- 2. <u>Complaint and Principal:</u> The second contact should be to involve the Principal or Vice Principal directly if the two parties fail to resolve the matter.
- 3. <u>Complaint and Superintendent:</u> The third contact should be the Academic Superintendent responsible for your school.
- 4. <u>Appeal to the Board:</u> A complainant may take the matter to the Board if the problem is not resolved satisfactorily at the Director's level.

FIRE EVACUATION/LOCKDOWN

As per Board policy, St. John School is required to conduct three fire drills and one lock-down drill prior to Christmas Break and three fire drills and one lock- down drill prior to the summer break. Participation in drills is mandatory, as they are conducted to properly prepare students and staff for a possible emergency.

USE OF LOCKERS

Students shall keep a clean and respectable locker. Combination locks only are permitted for students as per teacher discretion. All combinations must be submitted to the classroom teacher. Lockers are the property of St. John and can be accessed by administration at any time.

STUDENT USE OF PERSONAL ELECTRONIC DEVICES (PEDs)

Personal mobile devices are only to be used during instructional time for educational purposes, as directed by an educator; for health and medical purposes; and/or to support special education needs. In respect of responsible cell phone use in the classroom setting, individual teachers have developed classroom management strategies that incorporate their supervised use during instruction. Students and their parent/guardian shall sign a Student Responsible Use of Information Technology Agreement prior to the student bringing in any PED, accessing the Internet or any Board owned technology.

FILMING AND/OR RECORDING BY STUDENTS/PARENTS/GUARDIANS/VISITORS

The filming and/or recording of meetings, events or any other school related activity is not permitted without the express consent/permission of the principal or principal designate.

STUDENT USE OF SMALL APPLIANCES

Only appliances related to the programming needs of the students will be allowed in student spaces e.g., classrooms, library, gymnasium, resource rooms etc. Appliances such as, but not limited to, space heaters, microwave ovens, toasters, ovens, kettles, coffee makers, toaster ovens, fridges, water coolers, hot plates, etc., <u>not required for the delivery of curriculum or medical needs</u> are not permitted for personal use. While the benefits of hot meals, drinks and snacks sounds appealing, the potential dangers far outweigh any benefits.

SCENT- REDUCED ENVIRONMENT

St. John School is asking for voluntary cooperation towards a scent-reduced environment. Students and visitors are encouraged to avoid or reduce the use of products with fragrance. We recognize the right to personal choice; however, the air space is shared, and chemicals released into the air can trigger health reactions (e.g., headaches, asthma attacks, altered behaviour, etc).

SCHOOL NUTRITION & HEALTHY EATING

Research shows that good health is a prerequisite for good learning. It is also a vital component of children's growth and development. Roughly 1/3 of a child's daily food intake occurs at school and we ask that families provide their children with daily lunches and snacks that reflect a balance of nutrition according to Canada's Food Guide.

SMOKING/E-CIGARETTES/VAPOURS

Smoking, e-cigarettes, and vapours are not permitted on school property or at any school related event.

FIELD TRIPS & SCHOOL RELATED ACTIVITIES/FUNDRAISING TO HELP PAY FOR TRIPS

The opportunity to participate in a field trip or school related activity will not be withheld because of an inability to pay. Every reasonable attempt will be made to include students; however, the principal reserves the right to deny student participation. Teachers will ensure appropriate schoolwork is available and that supervision is arranged for students who remain at school. All proceeds raised through the sale of products to support a student's filed trip are not the property of the student and/or parent and remain solely the assets of the Sudbury Catholic District School Board.

MANAGING ILLNESS AT SCHOOL

If your child reports they are ill, the office will contact the home to make arrangements to have your child picked up. We do not have the resources available to care for children who are sick. If your child is not well enough to participate in the regular routine of the school day, including recess, please keep your child at home. To help reduce the spread of infection in schools, Public Health Sudbury and District requires the following infection control protocol for schools (list is not exclusive, common examples only):

COVID-19See most recent on-line COVID-19 screening tool for Ontario schoolsChicken PoxCan attend if they have NO fever - regardless of rashImpetigo24 hours after antibiotic treatment prescribed by a health care provider is takDiarrheaMust be 48 hours symptom-freeInfluenzaKeep at home until fever is gone (on average six to seven days will stop spreadNorovirusMust be 48 hours symptom-free
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Norovirus Must be 48 hours symptom-free
Wheening Cough With treatments, no school for five days. Zere treatments no school for 2 was
Whooping Cough With treatment: no school for five days, Zero treatment: no school for 3 week
Pinkeye 24 hours after antibiotic taken (must not have discharge or pus)
Ringworm No school until treatment has started
Scabies No school until 24 hours after treatment has been completed
Scarlet Fever No school for at least 24 hours following antibiotic treatment
Strep Throat No school for at least 24 hours following antibiotic treatment
Vomiting Must be 48 hours symptom-free

HEAD LICE

Parents or guardians of children with head lice should inform the school that their child has head lice. The school will let families know when there is a case of head lice and provide information about diagnosis and treatment. If your child shows signs of infestation, please treat promptly. If you need further information, visit your family doctor, a local pharmacy or contact Public Health Sudbury & Districts @ 705-522-9200.

CUSTODY

Should a custody issue regarding your child come about, it is imperative that a copy of the court order(s) be provided to the school for enclosure in the student's file. Custody is a legal issue. If a court order does not exist, or if the school has not been officially made aware, then by virtue of the Children's Law Reform Act, both parents will be deemed to have equal access.

FAMILY INFORMATION

Please ensure the information we have on file for your child is accurate and up-to-date. Please contact the school immediately if changes occur (e.g., phone #, address, health concerns, custody etc.)

DRESS CODE

St. John School dress code for students is in keeping with the Board's mission and vision and Catholic social teachings. It is expected that students shall have indoor and outdoor shoes. Appropriate footwear must be worn during gym class.

END-OF-DAY DISMISSAL

If possible, please call before 2:00 p.m. if your child's dismissal plans change. It is very important that you speak to someone directly to communicate the change! Please be mindful that communicating changes to your child disrupts the classroom setting and should be kept to a minimum. Please endeavour to make plans with your child prior to their arrival at school.

SUDBURY/MANITOULIN COMMUNITY RESOURCE LIST

If you need help finding services call 705-675-7252 Greater Sudbury City Services: 3-1-1 Health Services on the Web: http://northeasthealthline.ca/

ABUSE, ASSAULT & DOMESTIC VIOLENCE

Assaulted Women's Helpline 1-866-863-0511
Centre Victoria pour femmes 705-670-2517
Ligne FEM-AIDE Provincial1-877-336-2433
Manitoulin Family Resources1-705-377-5532
Sudbury Counselling Centre705-524-9629 x 218
Sudbury Women's Ctr (Workshops)705-673-1916
VCARS-Victim Crisis Assistance & Referral Service
Sudbury & Area 705-522-6970
Manitoulin Northshore 705-370-3378 Toll Free 1-866-392-7733
Violence Intervention Prevention705-675-4743
Voices for Women (Sexual Assault) 705-671-5495
YWCA Genevra House Abuse Line 705-674-2210 Toll Free 1-800-461-0133
ADDICTIONS
ConnexOntario Helplines are live, 24/7, confidential and free
Drug and Alcohol, Mental Health and Problem Gambling Helpline1-866-531-2600
Detox/Withdrawal Mgmt (Pine St)705-671-7366
Harm Reduction Day Program 705-675-7252
Outpatient Gambling & Addictions705-523-4988 x 4211
The Point (needle exchange) - Public Health Sudbury & Districts705-522-9200 x778
Manitoulin Community Withdrawal 705-368-0058
Manitoulin Family Resources1-705-377-5532
Smokers Helpline 1-877-513-5333
Monarch Recovery Services
Aftercare Centre Women's Intake, Day Treatment Prog, Men's Recovery Ctr, Pregnancy/Parenting Prog, Women's Treatment Ctr705-674-4193
VitaHeal Medical Clinic Addiction705-805-6383
INPATIENT TREATMENT FACILITIES
Camillus Centre (Elliot Lake)705-848-2129
Nipissing Detoxification & Substance Abuse
Programs (North Bay)705-476-6240 x6290
Benbowopka Centre (Blind River) 705 -356-1681
Toll free number1-877-356-1681
RECOVERY/ADDICTION CLINICS
Dr. Dressler - 310 Larch St 705-669-1111
Dr. Shapiro - 135 Applegrove St 705-673-3111
Northwood Recovery - 80 Elm St 705-806-3737
OATC - 450 Notre Dame Ave 705-673-1116
Rapid Access Addiction Medicine Clinic
RAAM705-523-7100 x 1875
Safe Bed Program705-671-7366 x 1876
VitaHeal 128 Cedar St705-805-6383
SUPPORT / GROUPS
Alcoholics Anonymous, Adult Children of Alcoholics, Al-Anon & Alateen 705-674-6217
Narcotics Anonymous
Sexaholics Anonymous (Leave Msg) 705-693-0021

BEREAVEMENT

Bereavement Foundation ------ 705-923-1982 Maison Vale Hospice ------ 705 674-9252 x 227 Compassionate Friends of Canada – Sudbury Chapter Support Group. - Azilda (Lost Child through Death) ------ 705-848-5864 Widowed We Help Each Other ------ 705-566-6138 Butterflywings Perinatal Bereavement Services ------705-562-4955

CHILDREN / PARENTS / FAMILY

ADHD Parent Support Group ----- 705-523-4747 Better Beginnings Better Futures ------ 705-671-1941 Centre de santé communautaire Sudbury 705-670-2274 Child and Family Centre ----- 705-525-1008 Child & Community Resources ----- 705-525-0055 Children's Aid Society ----- 705-566-3113 Children's Community Network ----- 705-566-3416 Children's Psychiatric Ctr ----- 705-675-9192 x 8214 Children's Services, Greater Sudbury Child Care Subsidies/Registry------ 705-674-4455 x 4279 Early Psychosis Intervention Program (HSN) ------ 705-523-4988 x 4242 Greater Sudbury Multiple Births Association ----- 705-626-8866 Healthy Babies Healthy Child ---- 705-522-9200 x 342 Hubs/EarlyON ------ 705-674-4455 x 4424 Web site: sudburyfamilies.ca Human League Association - P.L.A.Y Fund for Children's Activities ------ 705-670-8633 Kids Help Phone ------ 1-800-668-6868 Kina Gbezhgomi Child & Family Services-----705-859-2100 Learning Disabilities Association ------ 705-522-0100 Manitoulin Family Resources Inc ----- 705-377-5532 NEO Kids-Infant and Child Development Services------ 705.523.7184 x 4805 N'Swakamok Native Friendship Ctr ---- 705-674-2128 Nogdawindamin Family & Community Services-----705-946-3700 Our Children, Our Future ----- 705-677-0440 Public Health Sudbury & Districts ------ 705-522-9200 Sudbury Counselling Centre-----705-524-9629 x 0 Supervised Access - Sudbury - 705-525-1008 x 2565 Supervised Access – Manitoulin ------ 705-377-6080 DEVELOPMENTAL DISABILITY Autism Ontario Sudbury ------ 705-677-4939 Community Living Greater Sudbury ---- 705-671-7181 Develop.Clinical Srvs (HSN)---- 705-523-4988 x 4256 Developmental Services Ontario ----- 705-222-6066 Learning Disabilities Assoc of Sudbury 705-522-0100 Toll-Free ------ 1-855-522-0100 Sudbury Community Service Centre --- 705-560-0430 Sudbury Developmental Services ------ 705-674-1451 Adult Enrichment Centre ----- 705-470-7474 PHYSICAL DISABILITY Canadian Hard of Hearing Society ----- 705-523-5695 Canadian Hearing Society ----- 705-522-1020 CNIB ----- 705-675-2468 Spinal Cord Injury Ontario ----- 705-671-2444 Sudbury's Fibromyalgia Support Grp -- 705-525-5121 Independent Living Resource Centre -- 705-675-2121 ICAN - Independence Ctr & Network ----- 705-673-0655

EMERGENCY NUMBERS

Crisis Intervention Program &	
Mobile Crisis Team 705-675-4760 Toll Free	- 1-877-841-1101
Police, Ambulance, Fire 911	
Police, Non-Emergency 705-675-9171	
Poison Control 1-800-268-9017	
Victim Services, Police 705-522-6970 Toll Free	- 1-888-579-
2888	1 000 010
MENTAL HEALTH	
Canadian Mental Health Association 705-675-7252 Toll Free	1 966 295
2642	- 1-000-200-
Centre for Addiction & Mental Health 705-675-1195	
ConnexOntario	
Helplines are live, 24/7, confidential and free	
Drug and Alcohol, Mental Health and Problem Gambling Helpline1-866-55	
HSN Mental Health & Addictions, 127 Cedar St Crisis Intervention – 24 Hour Crisis Lin	e - 705-675-4760
Toll Free1-877-841-1101	
HSN Mental Health & Addictions705-523-4988	
Central Intake & Referralx 0	
ACTT 1 Team x 4282; ACTT 2 Team x 4283	
Positive Steps x 4377; TOPS x 0	
Mood and Anxiety Program x 4242	
HSN - Kirkwood site 705-675-5900	
Rural Outreach-Community Mental Health:	
East Algoma (Elliot Lake) 705-848-9131	
Espanola	
Manitoulin 705-368-0756	
Sudbury East (St-Charles) 705-867-5233	
Mood Disorders Association 1-888-486-8236	
CUTTING/SELF-HARM	
S.A.F.E. (Info Line) 1-800-366-8288	
EATING DISORDERS	
Eating Disorders Program 705-523-4988 x 4211	
National Eating Disorder Info Centre 1-866-633-4220	
Overeaters Anonymous 705-207-0877	
PEER SUPPORT & SUPPORT FOR FAMILIES	
Family & Friends Education Group705-523-4988 x 0	
Lived Experience & Recovery Network (LERN) North Bay 705-	840-1818
NISA 705-222-6472	
Warm Line (pre-crisis support) 1-866-856-9276	
Living Healthy Northeast705. 523-7155 Toll free: 1.866.991.7155	
SCHIZOPHRENIA	
Schizophrenia Society of Ontario 1-800-449-6367	
SSO Sudbury Chapter 705-693-3067	
TRAINING	
CMHA-Canadian Mental Health Association	First Aid Montal
Applied Suicide Intervention Skills Training (ASIST), Living Life to the Full, Mental Health	FIISTAID, Meritai
Health Works, safeTALK,	
Talking About Mental Illness (TAMI)-705-675-7252	
Sue Tasse Consulting Services (ASIST) 705-566-0791	
Elizabeth Fry Society 705-673-1364	
NEWCOMER SERVICES	
Sud Multicultural & Folk Arts Association (New Immigrants) 705-674-0	795
Settlement Services - Newcomers	

Settlement Services - Newcomers -----705-560-6673 x2785 YMCA of Northeastern Ontario-----705-674-2324

PREGNANCY

Baby's Breath705-671-1941 x 229 or x 219	
Birthright 705-673-7200 Hotline 1-8	800-550-4900
Our Children, Our Future 705-677-0440	
Pregnancy Care of Sudbury 705-673-5003	
Public Health Sudbury & District 705-522-9200	
HSN - Options Clinic 705-671-5265	
Perinatal Mental Health Prog 705-523-4988 x 4242	
TRANSPORTATION	
Handi-Transit	
Red Cross, seniors (60 +) 705-674-0737	
Sudbury Transit	
YOUTH	
Foyer Notre Dame House, youth 705-675-6422	
Northern Youth Services 705-524-3354	
Rayside-Balfour Youth Action Network - 705-855-5230	
Sudbury Action Centre for Youth 705-673-4396	
Walden Youth for Youth 705-692-1777	
Neo Kids - Infant and Child Development ServicesRLHC main site (705)523-7100.	
Northern Youth Services	
Youth Attendance Center 705-673-4879	
Youth Justice Family Worker 705-524-3354	